



A MENTAL HEALTH SOCIAL MOVEMENT

8-10 WEST STREET, OLD MARKET, BRISTOL, BS2 0BH · 0808 808 9120
REGISTERED CHARITY #1085351 · OTRBRISTOL.ORG.UK

Peer Navigator Opportunity Description

Volunteering at OTR is hugely rewarding and we are looking to recruit a number of Peer Navigator volunteers, aged 18 – 25, to help at our drop in Hubs at our Bristol Old Market office working as part of Off The Record (Bristol), a mental health social movement by and for young people ages 11 –25 living in Bristol, South Gloucestershire, and North Somerset.

The Bristol 'drop-in' Hubs operate twice per week, and involve meeting and talking with young people ages 11-25 in a safe, welcoming, and fun environment

Part of your role would include sharing information about OTR services as well as supporting young people who use the Hubs regularly as a social space.

All volunteers are supported by our Engagement Workers and other OTR staff, and have the opportunity to lead in a certain area if they wish (cooking, creative drop in, etc.)

Commitment	<ul style="list-style-type: none">• A regular 4-hour commitment (which includes set up, delivery, and debrief) - How often is up to you as we appreciate you have busy lives!• Attend a 2-day induction (detailed below)
Location	In the OTR Bristol Old Market building from September
Purpose	<ul style="list-style-type: none">• To offer peer support• To create a safe space for young people• To build relationships with young people• To engage young people in conversations about mental health and local support (e.g. Support chats)• To understand your responsibilities in a safeguarding situation• To feedback and actively participate in conversations about what is/isn't working about the role, the space itself, and the Hubs' purpose• Option to create activities for young people at the Hub• To offer peer support• To create a safe space for young people• To build relationships with young people• To engage young people in conversations about mental health and local support (e.g. Support chats)• To understand your responsibilities in a safeguarding situation• To feedback and actively participate in conversations about what is/isn't working about the role, the space itself, and the Hubs' purpose• Option to create activities for young people at the Hub
OTR's Offer	<ul style="list-style-type: none">• Personal and professional growth with learning on the job• A 2-day induction plus ongoing training opportunities

	<ul style="list-style-type: none"> • Flexibility • Expenses paid • Being part of an organisation that is committed to positive social change • An opportunity to work with a range of young people from different backgrounds at the front end of OTR's services • Additional opportunities to volunteer, such as 'pop-up' events in the community promoting OTR's work, as well as young person involvement on staff interview panels • Personal and professional growth with learning on the job • A 2-day induction plus ongoing training opportunities • Flexibility • Expenses paid • Being part of an organisation that is committed to positive social change • An opportunity to work with a range of young people from different backgrounds at the front end of OTR's services • Additional opportunities to volunteer, such as 'pop-up' events in the community promoting OTR's work, as well as young person involvement on staff interview panels
Requirements	<ul style="list-style-type: none"> • Be aged 18-25 • The ability to attend a 2-day induction at OTR's Old Market office (Tuesday 9th and Wednesday 10th September 2025, 9:30 – 4PM) • To be able to commit to an initial 6 months • An Enhanced DBS Check (paid for by OTR unless you're on the Update Service) • To provide a full employment and education history • To provide 2 references • Able to travel to Old Market, Bristol for the weekly Hubs

About OTR

What we value:

- **Championing Humanity:** valuing the inherent dignity of each and every person, supporting and celebrating expression of identity in all its forms
- **Being Curious:** taking an interest in how things work and could be improved, noticing and exploring perceptions and experiences whether collective or individual
- **Positive Disruption:** naming systems, structures, and attitudes that hinder supportive social change, seeking ways to overturn barriers to progress
- **Seed Sowing:** with an eye to the potential of the long term, seizing present moments and opportunities to set in motion shifts to benefit young people
- **Deeply Rooted:** carefully developing systems and processes that ensure our operations are secure, safe and dependable, supporting effective communication and making accountability clear

What we believe:

- Our offer should be inclusive of all cultures and identities
- Young people have unique strengths, interests and circumstances
- The world around us impacts our wellbeing
- Placing young people at the heart of our work
- Innovating and evolving to improve our offer for young people
- Relationships are what make the difference
- The power of partnerships

OTR is a mental health social movement by and for young people. The charity is at an exciting stage of its 60-year history and is proud to be reaching more young people than ever before (over 17,000) across Bristol, South Gloucestershire, and North Somerset with creative and diverse mental health and wellbeing information and support.

Our approach to mental health is grounded in a set of beliefs and assumptions that underpins all our work. We believe in celebrating diversity, empowering and mobilising young people to make change, and that catering to the unique strengths, interests and circumstances surrounding young people is key. Our approach centres on collaboration and partnership, building relationships between individuals, peers and communities.

At OTR, whatever your role or professional background, you will be expected to work in a way that is anti-oppressive and inclusive. A key focus for OTR is to develop an organisation that is inclusive for all but we do not claim to be experts in this. We are committed to continuous learning and improvement in these areas and invite you to join us on this journey.

OTR recognises the benefits to individual practice and organisational credibility of having a diverse community of staff and volunteers and to this end is continually working towards building and maintaining an environment which values and pursues diversity accordingly.

We recognise that tackling systemic inequality, prejudice, racism and oppressive practice requires each of us to actively engage, self-examine and make changes where necessary, to improve access and equitable experience for all in society and all of those who come through our doors at OTR.