



A MENTAL HEALTH SOCIAL MOVEMENT

8-10 WEST STREET, OLD MARKET, BRISTOL, BS2 0BH · 0808 808 9120  
REGISTERED CHARITY #1085351 · OTRBRISTOL.ORG.UK

## Peer Navigator (Yate) Role Description

Volunteering at OTR is hugely rewarding and we are looking to recruit a number of Peer Navigator volunteers to help staff at our 'drop-in' Hub at the Armadillo Centre in Yate from March 2025.

The 'drop-in' Hub operates every Wednesday and involves meeting and talking with young people aged 11-25 in a safe, welcoming and fun environment. Part of this role includes sharing information about OTR services, as well as supporting the regular young people who use the Hub as a social place. This may also include facilitating games, running activities, and taking part in discussions.

All volunteers are supported by our Engagement Workers and other OTR staff and have the opportunity to lead in a certain area (e.g. creative activities).

**We welcome applications from all young people aged 18-25. No experience required other than wanting to help others, develop new skills and be part of a community.**

### If you are:

- Aged 18-25
- Available for our training dates
- Able to travel to Yate for the weekly hubs
- Looking for a new challenge and to be part of a valuable social network
- Wanting to volunteer to help support other young people in a mental health environment

### Role Description:

- Offering peer support
- Creating a safe space for young people
- Building relationships with young people
- Opportunity to create activities for young people at the Hub
- Understanding what my responsibilities are in a safeguarding situation
- Engaging young people in conversations about mental health and local support (e.g. service chats)
- Feeding back and actively participating in what is/what is not working about the role, the space itself and the purpose of Hubs

## What we offer:

- Personal and professional growth (and learning 'on the job')
- Introductory training, and the option of obtaining an AQA certificate in Adolescent Mental Health
- Flexibility
- All expenses paid
- Being part of an organisation that is committed to positive social change
- An opportunity to work with young people at the front end of OTR's service
- Additional opportunities to volunteer such as 'pop-up' events in the community promoting OTR's work and young person involvement on staff interview panels

## Commitment:

- We would look for a regular 3 hour commitment (how often is up to you as we appreciate people have busy lives) which includes set up, delivery and debrief at a Hub.
- We also ask for you to attend the initial induction training on **Tuesday 15th April 2025, 10am - 4pm** at our OTR West Street (Old Market) office (expenses will be paid)
- The role lasts for an initial 6 months, but volunteering can continue afterwards with the opportunity to continue if you wish afterwards, or to explore other volunteer option in OTR

## Other Requirements:

- Enhanced DBS Check (OTR will cover this if you're not on the Update Service)
- Two references
- Shadowing opportunities before you start
- Available to attend the introductory training days

## Next Steps:

- If you are interested, please complete the application form and send to Paul Russell - [paul@otrbristol.org.uk](mailto:paul@otrbristol.org.uk)
- On completion of the form, Paul will contact you to have a conversation about the role and then invite you to the scheduled training.

Closing date for applications is **6th April 2025**