



A MENTAL HEALTH SOCIAL MOVEMENT

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REGISTERED CHARITY #1085351 · OTRBRISTOL.ORG.UK

## **Job Pack**

### **Volunteer (Freedom)**

Volunteering at OTR is hugely rewarding and we are looking to recruit a number of volunteers for our Freedom project to support LGBTQ+ young people engage in social, informative, and safe supportive spaces.

[Freedom, OTR's Gender and Sexuality project](#), facilitates weekly groups. The youth group is a relaxed safe space for young LGBTQIA+ people aged 13-18 to meet, make friends, and find people who are experiencing similar things to them. Alongside being a social group, we also have lots of opportunities for the young people to develop their skills and try new things.

All volunteers are supported by our Project Coordinators.

#### **Role Description:**

- Offering peer support
- Creating a safe space for YP
- Building relationships with YP
- Engaging YP in conversations about mental health and local support (e.g. service chats)
- Understanding what my responsibilities are in a safeguarding situation
- Feeding back and actively participating in what is/what is not working about the role, the space itself and the purpose of the groups

#### **Commitment:**

- We would look for 3 - 4 hours commitment per week as a minimum, which includes set up, delivery and debrief at a group. We also ask for you to attend occasional supervision sessions
- The role lasts for a **minimum** of 6 months

#### **What we offer:**

- Personal and professional growth (and learning 'on the job')
- Group supervision and training
- Flexibility
- All expenses paid
- Being part of an organisation that is committed to positive social change
- An opportunity to work with young people at the front end of OTR's service
- Additional opportunities to volunteer such as 'pop-up' events in the community promoting OTR's work and young person involvement on staff interview panels

**If you are:**

- Aged 18+
- Able to commit for a minimum of 6 months
- Interested in or have some experience working with young LGBTQ+ people
- Keen to learn or develop your facilitation skills to create a containing and structured environment for the young people
- Able to start ASAP

**Other Requirements:**

- Enhanced DBS Check (OTR will cover this)

**Next Steps:**

- After the vacancy closes we'll look to shortlist and will be in touch regarding interviewing.

Closing date for applications is **Sunday 14th April (23:59PM)**.